

COOK'S CLUB EL GOUNA PRESENTS

# WEEKLY PLEASURES

Entertainment and fitness



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Early Morning</b>	Check Gym Schedule	Yoga 08:00	Check Gym Schedule	Check Gym Schedule	Yoga 08:00	Pool Vibes	Yoga 08:00
<b>Morning</b>	Pool Vibes	Cycling 09:00	Tennis 09:00	Morning run 09:00	Pool Vibes	Boat party	Paddle Tennis 09:00
<b>Afternoon 1pm</b>	Daily Challenge	Daily Challenge	Daily Challenge	Daily Challenge	Daily Challenge	Boat party	Pool Party
<b>Late Afternoon</b>	Mixology 15:30	Sunset Steigenberger Tower	Hurghada City Tour	Food workshop 15:00	Pool Vibes	Boat party	Pool Party
<b>Evening</b>	Belly Dancing Workshop 18:00 at the Arena	Oriental BBQ night	Belly Dancing Workshop 18:00 at the Arena	All about the Fish	Captain Cook's Hangout	Juke Box	Live music 20:30

Get active   Get in the mood   Get involved   Have Fun   Discover

