





























COOK'S CLUB EL GOUNA PRESENTS

WEEKLY PLEASURES

SUMMER SCHEDULE



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Early Morning	 Morning Swim 08:00 AM	 Fitness Session 08:00 AM	 Morning Run 08:00 AM	 Fitness Session 08:00 AM	 Scenic Cycle 08:00 AM	 Fitness Session 08:00 AM	 Morning Run 08:00 AM
Morning	 Pool Vibes	 Power Yoga 09:00 AM	 Pool Vibes	 Power Yoga 09:00 AM	 Power Yoga 09:00 AM	 Boat Trip 11:00 AM	 Relaxing Hatha Yoga 09:00 AM
Early Afternoon	 Pool Vibes	 Food Workshop 02:00 PM	 Mixology Workshop 02:00 PM	 Pool Vibes	 Lagoon Tour 03:00 PM	 Boat Trip	 Pool Vibes
Afternoon	 Sunset Steigenberger Tour	 Pool Vibes	 Sunset Yoga	 Hurghada City Tour	 Lagoon Tour	 Pool Vibes	 Pool Vibes
Evening	 R&B Night 09:00 PM	 Oriental Night 09:30 PM	 Live Music 09:30 PM	 Hurghada City Tour	 Let's Party 10:00 PM	 Let's Go Out 09:00 PM	 Back To The 90's 09:00 PM

 Get active  Get in the mood  Get involved  Local legends  Have Fun

