













COOK'S CLUB EL GOUNA PRESENTS

WEEKLY PLEASURES

Entertainment and fitness



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Early Morning	 Check Gym Schedule	 Yoga 08:00	 Check Gym Schedule	 Check Gym Schedule	 Yoga 08:00	 Pool Vibes	 Yoga 08:00
Morning	 Pool Vibes	 Cycling 09:00	 Tennis 09:00	 Morning Swim 09:00	 Pool Vibes	 Pool Vibes	 Paddle Tennis 09:00
Afternoon 1pm	 SUP Challenge	 Triathlon Challenge	 Ping pong Challenge	 Cornhole board Challenge	 Foosball Challenge	 Swim Challenge	 Pool Party
Late Afternoon	 Mixology 16:00	 Pool Vibes	 Hurghada City Tour	 DJ Workshop 15:00	 Food workshop 15:00	 Pool Vibes	 Pool Party
Evening	 Steigenberger sunset tower	 Oriental BBQ	 Asian Night	 All about the Fish	 Captain Cook's Hangout	 Let's Party	 Live singer

 Get active  Get in the mood  Get involved  Have Fun  Discover

